



5th November 2015

## Update from Ken Jones.

Health and Social Care Support Worker.

This is a longstanding priority for the Forum. The project involves the integration of a major social care workforce with an NHS workforce currently providing separate services. The objective is to integrate the 7-8000 workers in Carmarthenshire. This would result in a single multi-skilled worker enabling better hospital discharge outcomes.

This Forum designed initiative has received Welsh General Integrated care Fund monies to pilot the project in Carmarthenshire: testing out the clinical governance issues (eg NHS professionals training local authority social care staff to provide basic healthcare function).

The Project Board appointed to oversee the various pilots has decided to initially focus on Residential Homes and Day Care Facilities for older people and people with learning disabilities, before rolling out services for people in their own homes. Trials are taking place at Llys y Bryn and Y Plas in Llanelli and Awel Tyvi in Llandeilo. There's also a new initiative linked to the overall proposal " the Tir Einon-Gastroxxxxxxx feeding pilot" is being undertaken in a daycentre for people with learning disabilities in Llanelli.

An evaluation of the initial pilot at Llys y Bryn has demonstrated outstanding results. A further report focusing on the benefits for service users and carers, including case studies will be reported at the next Forum meeting.

It is important that Hywel Dda Health Board and Carmarthenshire County Council has agreed that this project will be a strategic priority in partnership with the Carers Forum and could be submitted for a national



Health and Social Care integration award. The Forum is being jointly credited with this innovative project alongside the Health Board and the local authority.

### Carer Demonstrator Project

This is another Carmarthenshire Carers Forum initiative which has been funded to enable front line paid care workers to be trained to visit unpaid carers identified by GP practices and other professionals in their own homes to receive advice, support and practical help around welfare benefits, respite care for carers, carers rights, moving and handling, help with loneliness, isolation etc.

A national Training Scheme has been agreed by the Welsh Government in response to our proposals - £13,500 was allocated to produce a nationally recognised training course. A Task and Finish group chaired by a NHS officer, including Social Services, carers forum, Crossroads Sir gar and other bodies is looking at piloting this proposal in Carmarthenshire.

### Feedback from a Keynote Seminar - Cardiff

The subject was Health and Social care integration - our Health and Social care Support worker proposal was referenced several times.

- the importance of feedback was seen as being key. Service users experiences should shape future policy in both the NHS and Social Services.
- service and workforce re-design is essential for successfully delivering in the future.
- care needs to be centred around the person.
- health services and Social Services must address the issue of assisting Carers to be fully involved in the care of those they look after.



- health, social services and the voluntary sector and other services must work co-operatively.
- information systems need to be integrated and accessible.
- telehealth and telecare and other emerging technologies need to be fully integrated to help user live independently in their own homes.
- implementation of the recommendations of the Francis Report are highlight the need for a "duty of candour", requiring health and social care professionals to be open and honest with service users and their carers when something has gone wrong with their care, treatment or other services provided.

### Young Carers.

The Forum is committed to helping to address the significant challenges facing young carers following recent research into their specific needs.

- a young carer can be as young as seven.
- young carers look after adults with substance misuse issues, mental illness, physical disability, learning disabilities, chronic conditions, older people (often with dementia).
- young carers have an average of 48 days per year from school.
- they are four times as likely to drop out of college
- they have fears concerning removal from the home
- only 22% of young carers get a carers assessment
- they face bullying from their peers
- they are not identified by schools so they get no extra leeway

Ken will return for the next meeting to update on these topics in person.